

# ILLINOIS AGRICULTURAL MENTAL HEALTH VOUCHER PROGRAM

## IT TAKES STRENGTH TO ASK FOR HELP

The Illinois Agricultural Mental Health Voucher Program allows agricultural producers and their families to seek help free of charge from a certified mental health professional.

Our goal is to provide Illinois agricultural producers with mental health resources, access to trained professionals, and reduce barriers for those seeking help.

## PROGRAM DETAILS

### 1. Three free mental health sessions.

Farmers and their families are eligible for three mental health vouchers.

### 2. No insurance required

Illinois Extension and your participating provider work directly together, which removes the need for any insurance involvement.

### 3. Services are provided in-person or online.

Sessions can be redeemed with participating providers located across the state of Illinois.



**Illinois Extension**  
UNIVERSITY OF ILLINOIS URBANA-CHAMPAIGN

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## AT A GLANCE

### VOUCHER PROGRAM

- Up to 3 free behavioral health sessions.
- Available to agricultural producers and their families.
- NO insurance requirements.

